

Islam Question & Answer

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7501 - What is the ruling on non-menstrual bleeding?

the question

What is the ruling on non-menstrual bleeding? My period usually lasts for nine days each month, but sometimes I have bleeding at other times. This bleeding is much lighter and it only lasts for a day or two. Should I still pray and fast when that happens, or should I stop and make it up later on?

Detailed answer

Praise be to Allah.

This extra, non-menstrual bleeding is from a vein and is not counted as part of the regular period. A woman who knows her regular cycle should not pray, fast, touch the Mus-haf or have intercourse with her husband during the time of her period. When her period is over, then she should do ghusl and after that the rulings of women who are taahir (pure) apply to her. If she sees any blood or yellow or brownish discharge after that, then this is istihaadah (non-menstrual bleeding/discharge) and she does not have to stop praying etc.