

Islam Question & Answer

General Supervisor:
Shaykh Muhammad Saalih al-Munajjid

451 - Ruling on Removing Hair

the question

Can a man shave his body hair if when he gets hot or does exercise he sweats? i.e from his chest, his back and his legs.

Detailed answer

Praise be to Allah.

In Islamic shari'ah, hair is divided into 3 types:

First: Hair that has been ordered to remain, such as man's beard.

Second: Hair that has been ordered to be removed, such as pubic hair, the hair of the armpits, and the extension of the mustache if it reached the lips.

Third: Hair about which we are told nothing, such as hair of hands, legs, chest, and back; this hair is permissible to be removed and Allah is the most Knowledgeable.