



260335 - Does Spotting Count as a Period?

the question

The time for my period came two days ago. Yesterday, before Maghrib, I had a single spot of blood, until the time of 'Isha, so I did not pray. Please note that the regular time had not yet ended, and I felt the usual pains.

Summary of answer

A spot of blood is not regarded as a period, because menses is blood that flows from the uterus, so it cannot be a mere spot. For more, please see the detailed answer.

Detailed answer

Praise be to Allah.

What may be understood from your question is that you did not get the usual [menstrual bleeding](#) , even though this was the time for it, but you got a [single spot of blood](#) . A spot of blood is not regarded as menses, because menses is blood that flows from the uterus, so it cannot be a mere spot.

Shaykh Ibn 'Uthaymin (may Allah have mercy on him) was asked: If a woman gets a few [spots of blood during the day in Ramadan](#) , and that continues throughout the month of Ramadan and she is fasting, is her fast valid?

He replied:

“Yes, her fast is valid. As for these [spots](#) , they are of no significance, because they come from the veins. It was narrated from 'Ali ibn Abi Talib (may Allah be pleased with him) that he said: These spots of blood that resemble a nosebleed are not menses. This is how it was narrated from him (may Allah be pleased with him).” (*60 Sualan fi'l-Hayd*, p. 6)



And Allah knows best.