



## 20707 - Washing one's body in order to cool down when in ihram

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### the question

Is it permissible for the pilgrim in ihram to wash his entire body in order to cool down?

### Detailed answer

Praise be to Allah.

It is permissible for the Muslim to wash his entire body in order to cool down if it is hot. This will give him more energy in order to perform this act of worship. He should take care when washing so that nothing falls from his hair or skin.

And Allah is the Source of strength. May Allah send blessings and peace upon our Prophet Muhammad and his family and companions.