

# Islam Question & Answer

General Supervisor:  
Shaykh Muhammad Saalih al-Munajjid

## 12715 - Du'aa' for protection

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### the question

In one of the mosques I found a piece of paper on which was written “Du’aa’ al-Tahseen (prayer for protection). The du’aa’ was as follows:

“I seek protection in Allaah besides Whom there is no god, my God and the God of all things. I seek the protection of my Lord and the Lord of all things. I put my trust in the Ever-Living Who does not die, and I ward off evil with (the words) there is no power and no strength except with Allaah. Allaah is sufficient for us and He is the best disposer of affairs. Allaah is sufficient for me Who is sufficient for us. The Lord is sufficient for me and I have no need of His slaves. The Creator is sufficient for me and I have no need of His creation. The Provider is sufficient for me and I have no need of those who are granted provision. He is sufficient for me Who is sufficient for me. He is sufficient for me in Whose hand is the sovereignty of all things, Who protects (all), while against Whom there is no protector (i.e. if Allaah saves anyone, none can punish or harm him; and if Allaah punishes or harms anyone, none can save him) [cf. al-Mu’minoos 23:88]. He is sufficient for me. Allaah hears those who call upon Him, and there is no object of hope beyond Allaah. Allaah is sufficient for me, there is no god but He. In Him do I put my trust and He is the Lord of the mighty Throne.”

Is this hadeeth saheeh?.

### Detailed answer

Praise be to Allah.

This du’aa’ is not proven from the Prophet (peace and blessings of Allaah be upon him). Something similar was narrated by Ibn Abi’l-Dunya in al-Faraj ba’d al-Shiddah, via al-Khaleel ibn Murrah from the faqeeh of the people of Jordan, who said “we heard that the Messenger of Allaah (peace and

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blessings of Allaah be upon him)...” It was classed as da’eef by al-Albaani in al-Silsilah al-Da’eefah, 4173; and Da’eef al-Jaami’, 4348

Since it has not been proven in any saheeh report that the Prophet (peace and blessings of Allaah be upon him) said this, no attention should be paid to it.

There are du’aa’s which have been narrated in saheeh ahaadeeth which are sufficient, and we have no need for the du’aa’s narrated in weak reports. These du’aa’s protect the Muslim, and the Prophet (peace and blessings of Allaah be upon him) always used to recite them, such as the dhikrs for morning and evening, and other saheeh ahaadeeth. For example:

1 - Reciting the last two verses of Soorat al-Baqarah every night. It was narrated that Abu Mas’ood al-Badri (may Allaah be pleased with him) said: The Messenger of Allaah (peace and blessings of Allaah be upon him) said: “The last two verses of Soorat al-Baqarah, whoever recites them at night, they will be sufficient for him.” Narrated by al-Bukhaari, 4008; Muslim, 807. al-Nawawi (may Allaah have mercy on him) said: “With regard to the words of the Prophet (peace and blessings of Allaah be upon him) ‘they will be sufficient for him,’ it was said that it means they will suffice instead of praying qiyaam al-layl; and it was said, they will suffice him against the Shaytaan, or against harm. It may be understood as meaning all of these things.”

2 - Du’aa’ al-karb (prayer at times of stress). It was narrated from Ibn ‘Abbaas that the Messenger of Allaah (peace and blessings of Allaah be upon him) used to say at times of stress:

“Laa ilaaha ill-Allaah ul-‘azeem al-haleem, laa ilaaha ill-Allaah Rabb il-‘arsh il’azeem, laa ilaaha ill-Allaah Rabb ul-samawaati wa rabb ul-ard wa rabb ul-‘arsh il-kareem (There is no god but Allaah, the Almighty, the Forbearing; there is no god but Allaah, Lord of the Mighty Throne; there is no god but Allaah, Lord of the heavens, Lord of the earth and Lord of the noble Throne).” Narrated by al-Bukhaari, 6346; Muslim, 2730.

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Reciting Soorat al-Ikhlaas, Soorat al-Falaq and Soorat al-Naas. The Prophet (peace and blessings of Allaah be upon him) used to recite them when going to sleep, and he would blow into his hands and then wipe them over whatever he could reach of his body. It was narrated from 'Aa'ishah that every night when the Prophet (peace and blessings of Allaah be upon him) went to bed, he would cup his hands together, blow into them then recite into them Qul Huwa Allaahu ahad, Qul a'oodhu bi Rabb il-falaq and Qul 'aoodhu bi Rabb il-naas, then he would wipe as much as he could reach of his body, starting with his head and face and the front of his body. And he would do that three times. Narrated by al-Bukhaari, 5018.

And it was narrated that 'Uqbah ibn 'Aamir said: The Messenger of Allaah (peace and blessings of Allaah be upon him) said: "Have you not seen the verses that were revealed tonight, the like of which has never been seen? Qul a'oodhu bi Rabb il-falaq and Qul 'aoodhu bi Rabb il-naas. Narrated by Muslim, 814.

And Allaah knows best.