



125543 - What Are the Signs of the Evil Eye and Jinn Possession?

the question

How can a person know if he has been possessed by the jinn or if he is affected by the evil eye?

Summary of answer

Some of the signs of the evil eye include: Headaches; yellow pallor in the face; sweating and urinating a great deal; weak appetite; tingling, heat or cold in the limbs; palpitations in the heart; pain in the lower back and shoulders; sadness and anxiety.

Detailed answer

Praise be to Allah.

Those who deal with [ruqyah](#) (incantation) as prescribed in Islam have mentioned some of the symptoms from which it may be known whether a person has been possessed by the jinn or affected by the evil eye. They are not definitive symptoms and may vary in some cases, and may be more or less in other cases.

Signs of jinn possession

As for the [symptoms of possession](#) , they are:

- Turning away and reacting strongly when hearing the adhan (call to prayer) or Quran
- Fainting, seizures and falling when Quran is read over him
- A lot of disturbing dreams
- Being alone, keeping away from people and behaving strangely



- The devil who is dwelling in him may speak when Quran is recited over him.

Signs of evil eye

As for the symptoms of being affected by the [evil eye](#) , Shaykh 'Abd al-'Aziz al-Sadhan (may Allah preserve him) said:

“If it is not a real sickness, then the symptoms may take the following forms:

- Headaches that move from one part of the head to another;
- Yellow pallor in the face;
- Sweating and urinating a great deal;
- Weak appetite;
- Tingling,
- Heat or cold in the limbs;
- Palpitations in the heart;
- Pain in the lower back and shoulders;
- Sadness and anxiety;
- Sleeplessness at night;
- Strong reactions due to abnormal fears;
- A lot of burping,
- Yawning and sighing;
- Withdrawal and love of solitude;



- Apathy and laziness;
- A tendency to sleep;
- Health problems with no known medical cause.

These signs or some of them may be present according to the strength of the [evil eye](#) or the number of people who put the evil eye on others.” (Al-Ruqyah al-Shar’iyyah)

And Allah knows best.