

## 11956 - Medical treatment using herbs and needles (acupuncture)

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### the question

Is the practice of Oriental Medicine (the use of herbs, acupuncture, cupping) halaal?

### Detailed answer

Praise be to Allah.

Yes, this is permissible, because the Prophet (peace and blessings of Allaah be upon him) said: "Seek healing, O slaves of Allaah, but do not seek it in that which is haraam, for Allaah does not make the healing of my ummah in that which He has forbidden to it." Seeking healing with herbs comes under the heading of permissible things. This does not contradict the idea of putting one's trust in Allaah (tawakkul). It was narrated in the hadeeth that a man said, "O Messenger of Allaah, what do you think of medicines with which we seek healing, and ruqyahs (incantations) which we use for healing - do they change the decree of Allaah?" The Prophet (peace and blessings of Allaah be upon him) said: "They are part of the decree of Allaah," i.e., Allaah decrees that a person falls sick, then He decrees that this disease needs treatment, and that if it is treated with medicines or herbs, he may be healed by Allaah's leave. So there is no reason why we should not use these medicines, including the use of needles and herbs.

Shaykh 'Abd-Allaah ibn Jibreen.

With regard to the "Chinese needles" (i.e., acupuncture), if it is proven that this is beneficial, or if its benefit outweighs its harm - if it causes any harm - then there is nothing wrong with using this. And Allaah knows best.